

Psychology and Life

Department: Fudan International Summer Session 2025

Date:

Course Code	SOC1170006						
Course Title	Psychology and Life						
Credit	2	Experiment (including Computer) Credit		Practice Credit		Aesthetic Education Credit	
Credit Hours Per Week	36+3 tutorial hours (one credit hour is 45 minutes)	Education on The Hard-Working Spirit Credit Hours		Language of Instruction		Honors Course	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Course Type	<input type="checkbox"/> Core General Education Course <input type="checkbox"/> Specific General Education Course <input type="checkbox"/> Basic Course in General Discipline <input checked="" type="checkbox"/> Others			2+X Major :			
				<input type="checkbox"/> Professional Core Course <input type="checkbox"/> Professional Advanced Course Non 2+X Major : <input type="checkbox"/> Professional Compulsory Course <input type="checkbox"/> Professional Elective Course			
Course Objectives	Upon completion of this course, students should be able to: <ul style="list-style-type: none"> ● Have a solid understanding of basic concepts, methods, and results in the study of Psychology ● Apply these theories to your own personal and professional experiences ● Think critically, focusing on research methods ● Be able to appreciate and critically evaluate the basic meaning, if not every detail, of novel findings in psychology and neuroscience. 						
Course Description	The field of psychology is very broad and covers both the Micro-level analyses of nerve cell processes and the macro-level analyses of cultural systems. This course is designed to give students an overview of topics within the field of psychology, such as perception, attention, memory, language, emotion, motivation, and personality et al. Students will be introduced to the basics of the scientific method, so that they could use solid scientific research to combat with psychological misconceptions. Whether or not a psychology major, students will see why psychological knowledge is directly relevant to the decisions we make every day of your lives. Furthermore, they will be encouraged to come up with their own empirical questions about Psychology.						

Course Requirements:

This is an introductory course of Psychology. Students who are interested in what Psychology is about and how psychological knowledge is relevant to their lives are welcomed.

Teaching Methods:

Lecture
Class discussions
Student presentations

Course Director's Academic Background:

Yang Jinmian, Ph.D. in psychology at the University of Massachusetts, Amherst, postdoctoral fellow at the University of California, San Diego, Shanghai Pujiang Scholar. Dr. Yang's main research interests include eye movements during reading Chinese and English.

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Instructor's Academic Background:

Members of Teaching Team

Name	Gender	Professional Title	Department	Responsibility

Course Schedule:**Week 1**

- 1.1 Introduction to course & Chapter 1. Thinking Critically with Psychological Science
- 1.2 Chapter 2. Research Methods in Psychology
- 1.3 Chapter 3. The Biological and Evolutionary Bases of Behavior

Week 2

- 2.1 Chapter 4 Sensation and Perception & Chapter 5 Mind, Consciousness, and Alternate States.
- 2.2 Chapter 6. Learning and Behavior Analysis
- 2.3 Chapter 7. Memory

Week 3

- 3.1 Chapter 8 Language & Chapter 11. Motivation
- 3.2 Chapter 9 Intelligence and Intelligence Assessment.
- 3.3 Chapter 10. Human Development Across the Life Span

Week 4

- 4.1 Chapter 13 Understanding Human Personality.
- 4.2 Chapter 14 Psychological Disorders
- 4.3 Open-book exam

The design of class discussion or exercise, practice, experience and so on:

Students will form small groups of 4-6 people and study by groups. There are two kinds of group assignments:

1. Micro-homework

Each group will be asked to post a summary of their discussion after the study of each lecture (no more than 1 page). This summary may include (1) points that they think most impressive in this lecture, or /and (2) problems that they don't understand, or/and (3) questions that they would like to raise to other groups. The purpose of this homework is to urge students to reflect upon what has been taught, and to ensure they understand the basic contents in each lecture.

2. Presentation:

Each group will be required to present related papers to each chapter in the class. More details about group presentation will be provided in the first class. I also encourage students to present papers by their own interest.

If you need a TA, please indicate the assignment of assistant:

Grading & Evaluation:

Course participation – 20%

Homework – 20%

Group Presentation – 20%

Final Exam – 40%

The final exam will be an open-book written exam composed of multiple-choice questions and short-essay questions.

No make-up exam will be provided.

Usage of Textbook: Yes (complete textbook information form below) No

Textbook Information (No more than two textbooks) :

Title	Author	ISBN	Publishing Time	Publisher	Type I	Type II
					<input type="checkbox"/> Self-compiled Textbook (Published) <input type="checkbox"/> Non-mainland Textbook <input type="checkbox"/> Other Textbook (Published)	<input type="checkbox"/> National Planning Textbook <input type="checkbox"/> Provincial and Ministerial Planning Textbook <input type="checkbox"/> School Level Planning Textbook <input type="checkbox"/> Others
					<input type="checkbox"/> Self-compiled Textbook (Published) <input type="checkbox"/> Non-mainland Textbook <input type="checkbox"/> Other Textbook (Published)	<input type="checkbox"/> National Planning Textbook <input type="checkbox"/> Provincial and Ministerial Planning Textbook <input type="checkbox"/> School Level Planning Textbook <input type="checkbox"/> Others
<p>Teaching References :</p> <p>Richard J. Gerrig, Psychology and Life, 20th Edition, Pearson Education, Inc. 2012</p> <p>Chinese version: 心理学与生活 (第 19 版)【美】理查德·格里格 & 菲利普·津巴多著,人民邮电出版社, 出版时间: 2016 年 1 月</p>						