

Psychology and life

Department: Fudan International Summer Session 2026

Course Code	GEIS10028						
Course Title	Psychology and life						
Credit	2	Experiment (including Computer) Credit		Practice Credit		Aesthetic Education Credit	
Credit Hours Per Week	12 credit hours per week, 36+3 tutorial hours in total (one credit hour is 45 minutes)	Education on The Hard-Working Spirit Credit Hours		Language of Instruction		Honors Course	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
Course Type	<input type="checkbox"/> Core General Education Course <input type="checkbox"/> Specific General Education Course <input type="checkbox"/> Basic Course in General Discipline <input checked="" type="checkbox"/> Others			2+X Major : <input type="checkbox"/> Professional Core Course <input type="checkbox"/> Professional Advanced Course <hr/> Non 2+X Major : <input type="checkbox"/> Professional Compulsory Course <input type="checkbox"/> Professional Elective Course			
Course Objectives	Upon completion of this course, students should be able to: <ul style="list-style-type: none"> ● Have a solid understanding of basic concepts, methods, and results in the study of Psychology ● Apply these theories to your own personal and professional experiences ● Think critically about psychological research, with a particular focus on research methods ● Be able to appreciate and critically evaluate the basic meaning, if not every detail, of findings in psychology and neuroscience. 						
Course Description	The field of psychology is very broad and covers both the Micro-level analyses of nerve cell processes and the macro-level analyses of cultural systems. This course is designed to give students an overview of topics within the field of psychology, such as perception, attention, memory, language, emotion, motivation, and personality et al. Students will be introduced to the basics of the scientific method, so that they could use solid scientific research						

	to combat with psychological misconceptions. Whether or not a psychology major, students will see why psychological knowledge is directly relevant to the decisions we make every day of your lives. Furthermore, they will be encouraged to come up with their own empirical questions about Psychology.
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Course Requirements:
 This is an introductory course in psychology. It is open to students who are curious about what psychology is and how psychological knowledge relates to their everyday lives.

Teaching Methods:
 Lecture
 Class discussions
 Student presentations

Course Director's Academic Background:

Instructor's Academic Background:
 Dr. Yang Jinmian received her Ph.D. in Psychology from the University of Massachusetts Amherst and completed her postdoctoral training at the University of California, San Diego. Her main research interests focus on the eye-movement control mechanisms underlying high-level cognitive processes such as reading and scene perception.

Members of Teaching Team

Name	Gender	Professional Title	Department	Responsibility

Course Schedule:

- 1 Introduction to course & Chapter 1. Thinking Critically with Psychological Science
- 2 Chapter 2. Research Methods in Psychology
- 3 Chapter 3. The Biological and Evolutionary Bases of Behavior
- 4 Chapter 4. Sensation and Perception & Chapter 5 Mind, Consciousness, and Alternate States.
- 5 Chapter 6. Learning and Behavior Analysis
- 6 Chapter 7. Memory
- 7 Chapter 8 Language & Chapter 11. Motivation
- 8 Chapter 9. Intelligence and Intelligence Assessment.
- 9 Chapter 10. Human Development Across the Life Span
- 10 Chapter 13. Understanding Human Personality.
- 11 Chapter 14. Psychological Disorders
- 12 Open-book exam

The design of class discussion or exercise, practice, experience and so on:

Students will form small groups of 3 ~ 4 people and study by groups. There are two kinds of group assignments:

1. Micro-homework

After each lecture, each group will post a summary of their discussion (no more than one page). This summary may include: (1) the points they found most impressive in the lecture; and/or (2) issues they did not fully understand; and/or (3) questions they would like to raise to other groups. The aim of this assignment is to encourage students to reflect on what they have learned and to ensure that they have understood the basic content of each lecture.

2. Presentation:

Each group will give a 10–15 minute in-class presentation on a classic psychological effect or a prominent psychologist. Further details about the group presentation will be provided in the first session.

If you need a TA, please indicate the assignment of assistant:

Taking attendance, grading assignments, answering student queries about course administration, and assisting with course preparation.

Grading & Evaluation:

Course participation – 20%

Homework – 20%

Group Presentation – 20%

Final Exam – 40%

Usage of Textbook: Yes(complete textbook information form below) No

Textbook Information (No more than two textbooks) :

Title	Author	ISBN	Publishing Time	Publisher	Type I	Type II
Psychology and Life	Richard J. Gerrig	0205859135	2012	Pearson Education, Inc		

Teaching References:

心理学与生活 (第 19 版) 【美】理查德·格里格 & 菲利普·津巴多著,人民邮电出版社,出版时间: 2016 年 1 月