

Psychology and life

Department: Fudan international Summer Session

Course Code	SOCI170006		
Course Title	Psychology and Life		
Credit	2	Credit Hours	36 + 3 tutorial hours (one credit hour is 45 minutes)
Course Nature	<input type="checkbox"/> Specific General Education Courses <input type="checkbox"/> Core Courses <input checked="" type="checkbox"/> General Education Elective Courses <input type="checkbox"/> Basic Courses in General Discipline <input type="checkbox"/> Professional Compulsory Courses <input type="checkbox"/> Professional Elective Courses <input type="checkbox"/> Others		
Course Objectives	<p>Upon completion of this course, students should be able to:</p> <ul style="list-style-type: none"> ● Have a solid understanding of basic concepts, methods, and results in the study of Psychology ● Apply these theories to your own personal and professional experiences ● Think critically, focusing on research methods ● Be able to appreciate and critically evaluate the basic meaning, if not every detail, of novel findings in psychology and neuroscience. 		
Course Description	<p>The field of psychology is very broad and covers both the Micro-level analyses of nerve cell processes and the macro-level analyses of cultural systems. This course is designed to give students an overview of topics within the field of psychology, such as perception, attention, memory, language, emotion, motivation, and personality etc. Students will be introduced to the basics of the scientific method, so that they could use solid scientific research to combat psychological misconceptions. Whether or not a psychology major, students will see why psychological knowledge is directly relevant to the decisions we make every day of our lives. Furthermore, they will be encouraged to come up with their own empirical questions about Psychology.</p>		
Course Requirements:			
<p>This is an introductory course of Psychology. Students who are interested in what Psychology is about and how psychological knowledge is relevant to their lives are welcomed.</p>			

Teaching Methods:

It is mainly taught in the classroom, supplemented by student class participation in discussion and group reporting.

Instructor's Academic Background:

Yang Jinmian: Ph.D. in psychology at the University of Massachusetts, Amherst, postdoctoral fellow at the University of California, San Diego, Shanghai Pujiang Scholar.

Dr. Yang is currently an assistant professor at the Department of Psychology, School of Public Development and Social Policy, Fudan University. Her main research interests include eye movements during reading Chinese and English, and has published about 20 papers in English.

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Course Schedule:**Week 1**

- 1.1 Introduction to course & Chapter 1. Thinking Critically with Psychological Science
- 1.2 Chapter 2. Research Methods in Psychology
- 1.3 Chapter 3. The Biological and Evolutionary Bases of Behavior

Homework 1 will be assigned at the last class of this week.

Week 2

- 2.1 Chapter 4 Sensation and Perception & Chapter 5 Mind, Consciousness, and Alternate States.
- 2.2 Chapter 6. Learning and Behavior Analysis
- 2.3 Chapter 7. Memory

Homework 2 will be assigned at the last class of this week.

Week 3

- 3.1 Chapter 8 Language & Chapter 9 Intelligence and Intelligence Assessment.
- 3.2 Chapter 10. Human Development Across the Life Span
- 3.3 Chapter 11. Motivation & Chapter 12 Emotion, Stress and Health

Homework 3 will be assigned at the last class of this week.

Week 4

- 4.1 Chapter 13 Understanding Human Personality.
- 4.2 Chapter 14.& 15 Psychological Disorders and Therapies

4.3 Chapter 16. Social Psychology

Homework 4 will be assigned at the last class of this week.

The design of class discussion or exercise, practice, experience and so on:

Group report: 4-8 students per group.

Grading & Evaluation:

Attendance and in class discussion 20%

Homework / Presentation 20%

Open book exam 60%

There will be no make-up exam.

Teaching Materials & References:

Richard J. Gerrig, Psychology and Life, 20th Edition, Pearson Education, Inc. 2012